



LA PIRÁMIDE NUTRICIONAL

► **Ejercicio**

Corta y pega los alimentos que corresponden a cada grupo de la Pirámide Nutricional.

The image shows a large pyramid divided into four horizontal layers, intended for a food classification exercise. The pyramid is currently empty. Surrounding the pyramid are various food items, some of which are already placed within the layers:

- Top Layer (smallest):** Contains a slice of cake, a fried egg, a loaf of bread, an orange slice, a lollipop, a corn cob, and some nuts.
- Second Layer:** Contains a slice of meat, a green leafy vegetable, a red apple, a bunch of grapes, a donut, and an ice cream cone.
- Third Layer:** Contains a banana, a piece of salmon, a chicken drumstick, a tomato, and a slice of bread.
- Bottom Layer (largest):** Contains a carrot, a piece of broccoli, two strawberries, a bowl of rice labeled "Arroz", a bowl of pasta labeled "Fideos", a piece of cheese, a piece of avocado, a pear, and a glass of milk next to a bottle of milk.